

Galapagos Family Constellation

A WELLNESS JOURNEY

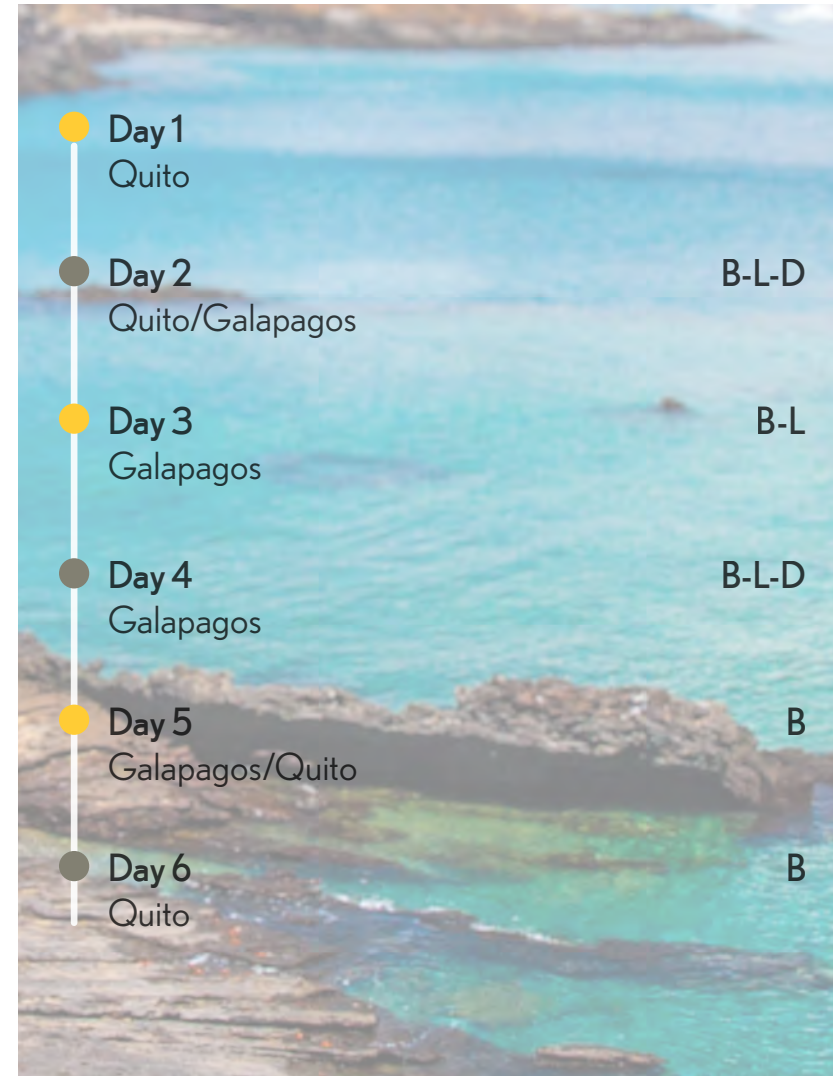


Quintaesencia
travel experiences





GALAPAGOS FAMILY CONSTELLATION



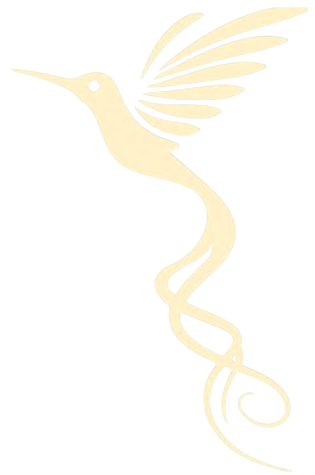


Galapagos Family Constellation

Anyone can travel to Galapagos, but how many can really say that the spirit of the islands nests in their hearts?

Let us take you on a journey that will bring your experience in a Natural Wonder of the World to a whole new level, as you explore and heal your soul with a transformative Family Constellation, in the Enchanted Islands.

Picture yourself visiting one of the most magical and pristine places on the planet, the Galapagos Islands, combining the exploration of its unique biodiversity, with a deep experience of emotional healing through family constellations. This tour is a wonderful way to discover the natural wealth of the islands, while reconnecting with your inner self and your family system in an environment of astonishing beauty and tranquility.





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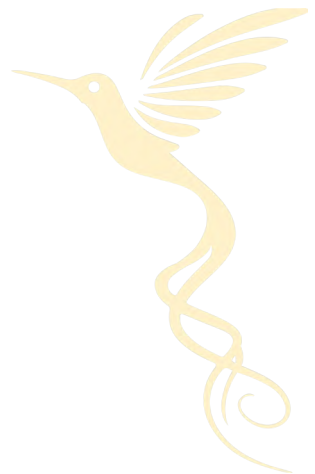
We'll also be looking at ways to heal emotionally. By addressing and releasing family patterns, participants can experience a deep sense of peace and clarity.

And of course, there's the wonderful connection with nature! The Galapagos is a truly beautiful and serene place, the perfect environment for reflection and personal growth.

And finally, the chance to connect with others! It's so lovely to share this experience with a small, supportive group of people. It's so great to be able to connect with others and to have each other's support.

And finally, personal renewal! You'll come back home feeling like a new person, with a fresh outlook on your relationships and your life.

A journey to the Galapagos Islands with family constellations is more than just a trip - it's an immersion in nature and in one's being. It's a chance to heal and grow in one of the most magical places in the world.



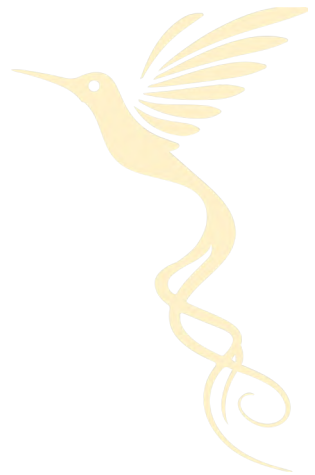


What is a Family Constellation?

This therapeutic method aims to reveal the hidden dynamics within a family that may contribute to personal issues. The technique suggests that patterns of emotional stress, or unresolved conflicts can be passed down through generations, impacting on current family members.

On family constellations, a facilitator helps map out family relationships, either using physical representatives from a group work. The representatives intuitively move or express feelings, supposedly revealing underlying patterns or entanglements that may be contributing to the challenges.

The goal is to uncover these hidden dynamics and allow healing or resolution, by acknowledging previously unrecognized truths or emotional ties within the family system. It's used in various contexts, including resolving personal issues, improving relationships, or understanding the impact of family history on one's life.



How does the Program Go?

Day 1 - Quito

Pickup at the airport and private transfer, with an English-speaking guide, to your hotel in Quito, with your Quintaesencia representative.

Day 2 - Quito/Galapagos

B-L-D

Off to the Enchanted Islands you go! Upon arrival, you will meet the locals, on a visit to Galapagos-Tortoise Ranch and the Charles Darwin Station, where you will delve in the life and natural history of the islands.

Day 3 - Galapagos

B-L

Today you will be enjoying your first Family-Constellation session, on this Natural Wonder of the World. Be sure to get your mind and soul ready for such a changing experience, as you become one with Earth, and let Mother Nature, hug, comfort and hush you, as you enjoy this experience.

Day 4 - Galapagos

B-L-D

Let us take you on a navigation around the archipelago to see and explore this open-air museum. This full day tour will be carried on the exclusive exploration yacht, M/Y Windrose.

Day 5 - Galapagos/Quito

B

Say bye to the islands, and get ready for your flight back to the Ecuadorian capital.

Day 6 - Quito

B

Get everything ready for your outbound flight, for which your Quintaesencia representative will be picking you up timely.

USD 5,550 pp

*based on double occupancy

What's included?

- Private driver and English-speaking guide in Quito
- Therapist and English-speaking translator (if needed)
- Meals, as described
- Activities as described
- Domestic flights Quito-Galapagos-Quito
- First-class accommodation in Quito and Galapagos
- Activities in Galapagos (navigation tour, for day 4, kayaking or snorkeling gear, and entrances to sites, as for itinerary)
- Driver and English-speaking guide in Galapagos
- Internet connection at Quito and Galapagos hotels



